



EGD INSTRUCTIONS

PLEASE FOLLOW THESE INSTRUCTIONS IN PREPARATION FOR YOUR EGD PROCEDURE

Procedure Date: _____ Arrival Time (estimate): _____ Procedure Time: _____

PROCEDURE LOCATION:

River Oaks Endoscopy Center

1501 River Pointe Dr., Suite 260, Conroe, TX 77304 (936) 494-3636

Memorial Hermann Surgery Center - The Woodlands

9200 Pinecroft Dr., Suite 200, The Woodlands, TX 77380 (281) 297-9500

St. Luke's Hospital - The Woodlands

17200 St. Luke's Way, The Woodlands, TX 77384 (936) 266-2000

Methodist Hospital - The Woodlands

17201 I-45, South, The Woodlands, TX 77385 (936) 270-2000

VIP Surgical Center

1246 N. FM 3083, West, Conroe, TX 77304 (936) 441-2233

Memorial Hermann Hospital - The Woodlands

9250 Pinecroft Dr., The Woodlands, TX 77380 (713) 897-2300

St. Luke's Hospital – Springwoods Village

2255 E. Mossy Oaks Dr., Spring, TX 77389 (346) 305-5000

Lakeshore Surgical Center

6701 Lake Woodlands Dr., The Woodlands, TX 77382 (281) 825-4607

NOTE: You will be charged **\$150 fee** if you no show or cancel/reschedule your procedure less than **THREE** business day (before the office closes).
CALL OUR OFFICE (281) 205-1111.

NOTHING TO EAT OR DRINK AFTER MIDNIGHT, ONE DAY PRIOR TO YOUR PROCEDURE

MEDICATIONS:

- Please **STOP** blood thinners (i.e., Coumadin, Plavix, Aspirin, Fish Oils) **five (5) days prior to your procedure**.
Please contact your PCP or cardiologist for any adjustments in these medications.
- Do not take ibuprofen, Motrin, Aleve, Advil or any other NSAIDS **five (5) days prior to your procedure**. Tylenol is okay for pain and headaches.
- Please **STOP** all weight loss medication **two (2) weeks prior to your procedure (i.e., Phentermine, Qsymia or any other diet pill/appetite suppressant)**.

If you need cardiac clearance, please follow-up with your cardiologist and provide it to us, as soon as possible, or your procedure may be delayed/canceled.

MORNING OF PROCEDURE:

- Take your **heart** and **blood pressure** medications, as instructed, unless your doctor instructs you, otherwise, with a sip of water.
- If you have diabetes and on insulin, take ½ (half) of your AM dose the morning of your procedure. Your blood sugar will be checked upon arrival.
- Do not take potassium pills or diuretics (water pills)
- Bring a copy of your current medication list with you to the facility, along with your photo ID and insurance card

****YOU WILL NEED A DRIVER****

**** PLEASE SCHEDULE TWO-WEEK FOLLOW-UP APPOINTMENT FOR PROCEDURE RESULTS****

YOU ARE SCHEDULED ON: _____/_____/_____ **at** _____:_____ **AM/PM**